

DAFTAR PUSTAKA

- Adler SS, Beckers D, Buck M. *Pnf in practice: an illustrated guide*. 4th ed, Germany, Springer 2014.
- Donatelli, Robert A, 2012. *Physical Therapy of The Shoulder*,5th Edition. St Louis Missouri : Elsevier Churchill Livingstone
- Doner, G., Guven, Z., Atalay, A., & Celiker, R. (2013). Evaluation of Mulligan's technique for adhesive capsulitis of the shoulder. *Journal Of Rehabilitation Medicine*, 45(1), 87-91.
- Hanchard, N., Goodchild, L., Thompson, J., O'Brien, T., Davison, D., & Richardson, C. (2012). *Evidence-based clinical guidelines for the diagnosis, assessment and physiotherapy management of contracted (frozen) shoulder: quick reference summary*. *Physiotherapy*, 98(2), 117-120.
- Hing, W, et al, 2007. AUT university. Mulligan B (2007). The Mulligan Concept. 2007.
- Hing, W, et al. *Mulligan's Mobilization with Movement: A Systematic Review*. The Journal of Manual & Manipulative Therapy.
- Hsu, J.E., Anakwenze, O.A., Warrander, W.J., Abboud, J.A. 2011. *Current review of adhesive capsulitis*. *The Journal Shoulder Elbow Surg*; 20: 502-514.
- Kachingwe AF, Phillips B, Sletten E, Plunkett SW. Comparison of Manual therapy techniques with therapeutic exercise in the treatment of shoulder impingement: a randomized controlled pilot clinical trial. *Journal of Manual and Manipulative Therapy*. 2008;16(4):238-247
- Kelley, M., McClure, P., & Leggin, B. (2009). Frozen Shoulder: Evidence and a Proposed Model Guiding Rehabilitation. *Journal Of Orthopaedic & Sports Physical Therapy*, 39(2), 135-148.
- Kibler, W., & Sciascia, A. (2009). Current concepts: scapular dyskinesis. *British Journal Of Sports Medicine*, 44(5), 300-305.

- Kisner, Carolyn and Colby, Allen, Lynn. 2012. *Therapeutic Exercise Foundations and Technique*. Six Edition, F.A. Davis Company, Philadelphia.
- Magee, D.J. 2008. *Orthopedic Physical Assessment*. Fifth Edition. Saunders Elsevier : Philadelphia.
- Makwana, D., & shah, n. 2015. *effect of end range mobilization and mobilization with movement in patients with adhesive capsulitis*.
- Nursalam, 2008. *Konsep Dan Penerapan Metodologi Penelitian Ilmu Keperawatan Edisi 2*. Jakarta: Salemba Medika
- Permenkes RI. 2015. *Undang-Undang Republik Indonesia No.65 Tahun 2015 tentang Standar Pelayanan Fisioterapi Depkes RI : Jakarta*.
- Reinold MM, Escamilla RF, Wilk KE. 2009, *Current concepts in the scientific and clinical rationale behind exercise for glenohumeral and scapulothoracal musculature*, J Orthop Sports Phys Ther 39: 105-117.
- Robinson, C.M., Seah, K.T.M., Chee, Y.H., Hindle, P., Murray, I.R. 2012. *Frozen shoulder*. *The Journal of Bone and Joint surgery*; 94-B (1): 1-9.
- Suzie, 2016 *“Efficacy of Different Types of Mobilization Techniques in Patients With Primary Adhesive Capsulitis of the Shoulder: A Systematic Review.”*
- Teys P, Bisset P, Collins N, Coombes B, Vicenzino B. 2013. *“One week time course of the effects of Mulligan’s Mobilization with Movement and taping in painful shoulders”*. *Manual Therapy*. 1(6): 1
- Ujwal, L.Y., Pratiksha, D.D., Ghaurai, M.G., Rasika, S.P., Shweta, A.K., Pournima, A.P. 2017. *Effectiveness Of Movement With Mobilization In Adhesive Capsulitis Of Shoulder: Randomized Controlled Trial*. *Indian Journal of Medical Research and Pharmaceutical Sciences*.

Vicenzino, Bill, Aatit Paungmali, Pamela Teys, Mulligan's *Mobilization with Movement, positional faults and pain relief: Current concepts from a critical review of literature*, Science Direct. Elsevier: 2007.

Wahyono Y. Optimalisasi Hold Relax pada penderita Frozen Shoulder. Jakarta;; 2002.

Mawaddah., Bagiada (c) , N. A., & Sugijanto. 2015 “ Perbandingan antara Kombinasi Latihan Stabilisasi Bahu dan Traksi Humerus ke Inferior dengan Kombinasi Latihan Fungsional. Bahu dan Traksi Humerus ke Inferior dalam Menurunkan Disabilitas Bahu dan Lengan pada Subacromial Impingement Syndrome Akademi Fisioterapi Widya Husada” Semarang. Sport and Fitness Journal, 3(2): 56- 66.

Sugijanto, 2010. Kinesiologi dan Biomekanik, Fakultas Fisioterapi Esa Unggul.

Suharto, S., dan Sri Saadiyah, L. 2016. Pengaruh Tehnik *Hold Relax* terhadap Penambahan Jarak Gerak Abduksi Sendi Bahu pada *Frozen Shoulder* di Ratulangi Medikal Centre Makassar. Buletin Penelitian Kesehatan.

<https://sites.google.com/site/honkichoi/shoulder/anatomy>